

OTTER TRAIL GUIDE

TIDES OCT 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0605	1830	1224	----	0542	1829
2	0604	1831	0025	1313	0700	1917
3	0603	1832	0120	1349	0738	1954
4	0602	1833	0201	1423	0810	2028
5	0601	1833	0238	1458	0841	2103
6	0600	1834	0315	1534	0912	2138
7	0558	1835	0352	1610	0945	2214
8	0557	1835	0429	1647	1018	2250
9	0556	1836	0506	1724	1053	2328
10	0554	1837	0543	1802	1130	----
11	0553	1838	0622	1843	0006	1210
12	0552	1839	0704	1931	0047	1257
13	0550	1839	0759	2042	0135	1406
14	0549	1840	1022	2319	0248	1737
15	0548	1841	1225	----	0550	1852
16	0546	1842	0043	1317	0658	1937
17	0545	1843	0133	1355	0738	2010
18	0544	1844	0211	1428	0810	2038
19	0542	1844	0245	1457	0837	2104
20	0541	1845	0316	1525	0903	2130
21	0540	1846	0345	1551	0928	2155
22	0538	1847	0413	1617	0954	2220
23	0537	1848	0440	1643	1020	2246
24	0536	1849	0506	1708	1047	2312
25	0535	1850	0532	1735	1115	2340
26	0534	1851	0559	1804	1145	----
27	0532	1851	0630	1838	0010	1220
28	0531	1852	0711	1926	0046	1308
29	0530	1853	0819	2045	0138	1432
30	0529	1854	1102	2309	0307	1724
31	0529	1855	1219	----	0551	1832

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

